

Autumn / Winter 2022 / 23  
 5/9, 26/9, 17/10, 7/11,  
 28/11, 19/12, 9/1, 30/1

# What's On The Menu?

**MONDAY**  
 Authentic  
 Italian

**TUESDAY**  
 Family  
 Faves

**WEDNESDAY**  
 Baking  
 British

**THURSDAY**  
 Food  
 Festival

**FRIDAY**  
 Fun  
 Day



**Beef Bolognese**  
 With Wholegrain  
 Penne Pasta, Garlic Bread  
 & Green Salad

**Cowboy Pie**  
 Mash topped Sausage &  
 Bean Pie  
 with Carrots

**Roast Chicken Sage &  
 Onion Stuffing**  
 Crispy Roasties &  
 Fresh Veggies &  
 Gravy

**Mild Chilli Beef & Cheese  
 Homemade Nachos**  
 Oven Baked Potato  
 Wedges & Sweetcorn

**Golden Fish  
 Fingers (MSC)**  
 Choose Salmon or Pollock,  
 Chips & Baked Beans



**Veggie Bolognese**  
 With Wholegrain Penne  
 Pasta, Garlic Bread &  
 Green Salad

**Veggie Cowboy Pie**  
 Mash topped Veggie  
 Sausage & Bean Pie  
 with Carrots

**Cheese, Veg & Spinach  
 Puff Pastry Roll**  
 Crispy Roasties &  
 Fresh Veggies & Gravy

**Cheese & Veggie  
 Homemade Nachos**  
 Oven Baked Potato  
 Wedges & Sweetcorn

**Crispy Bean &  
 Vegetable Fingers**  
 Chips



**Hot Tomato Pasta**  
 with or without Grated Cheese on top



**Crispy Skin Jacket Potatoes**  
 Choice of Tasty Toppings



**Pick & Mix Packed Lunch**  
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



**Toffee Apple Slices**  
 topped with  
 Vanilla Ice Cream

**Crispy Chocolate Cornflake  
 Cakes**

**Golden Syrup Sponge**

**Pineapple Upside Down  
 Cake**

**Chewy  
 Flapjack**

**FOOD  
 FESTIVAL**  
 By Aspens

AVAILABLE  
 EVERY DAY



Homemade Bread, Salad,  
 Choice of Fresh Fruit & Yoghurt



**Week  
 One**

Autumn / Winter 2022 / 23  
12/9, 3/10, 24/10, 14/11,  
5/12, 26/12, 16/1, 6/2

# What's On The Menu?

**MONDAY**  
Authentic Italian

**TUESDAY**  
Family Faves

**WEDNESDAY**  
Backing British

**THURSDAY**  
Food Festival

**FRIDAY**  
Fun Day



**Meat Free Monday!**

Choose either our tasty Margherita Pizza or our Veggie Supreme

Served with Pasta Salad & Mixed Crudites

**Classic Beef Burger**

in a Bun with Oven Baked Wedges & Garden Peas

**Super Veggie Burger**

in a Bun with Oven Baked Wedges & Garden Peas

**Roasted Gammon Joint**

Crispy Roasties, Fresh Veggies & Gravy

**Veggie Sausage & Root Veg Traybake**

Crispy Roasties, Fresh Veggies & Gravy

**Not So Spicy Chicken Tikka Masala**

Wholegrain Rice, Turmeric Carrots & Peas

**Creamy Vegetable Korma**

With Wholegrain Rice, Turmeric Carrots & Peas

**Golden Fish Fingers (MSC)**

Choose Salmon or Pollock, Chips & Baked Beans

**Crispy Bean & Vegetable Fingers**

Chips

**Hot Tomato Pasta**  
with or without Grated Cheese on top

**Crispy Skin Jacket Potatoes**  
Choice of Tasty Toppings

**Pick & Mix Packed Lunch**  
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

**Apple Sponge Cake**

**Marble Sponge Cake**

**Chocolate Brownie**

**Jelly & Fruit Slices**

**Crunchy Vanilla Cookie**

**FOOD FESTIVAL**  
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



**Week Two**

Autumn / Winter 2022 / 23  
19/9, 10/10, 31/10, 21/11,  
12/12, 2/1, 23/1, 13/2

# What's On The Menu?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Authentic Italian	Family Faves	Baking British	Food Festival	Fun Day



The Main Event



Meat Free Magic



Pasta Stop



Jacket Bar



Packed Lunch Station



Dessert Stop

<b>Cheese &amp; Tomato Pizza Melt Baguette</b> with Wholegrain Pasta & Sweetcorn Salad	<b>Baked Pork Sausage</b> with Creamy Mash, Green Beans & Gravy	<b>Roast Chicken &amp; Sage &amp; Onion Stuffing</b> with Crispy Roasties & Fresh Veggies & Gravy	<b>Homemade Cottage Pie</b> Broccoli	<b>Golden Fish Fingers (MSC)</b> Choose Salmon or Pollock, Chips & Baked Beans
<b>Tomato &amp; Mozzarella Gnocchi Traybake</b> with Wholegrain Pasta & Sweetcorn Salad	<b>Quorn Sausage</b> with Creamy Mash, Green Beans & Gravy	<b>Quorn Roast</b> with Crispy Roasties, Fresh Veggies & Gravy	<b>Crunchy Topped Macaroni Cheese</b> Broccoli	<b>Baked Beans &amp; Vegetable Fingers</b> Chips
<b>Hot Tomato Pasta</b> with or without Grated Cheese on top				
<b>Crispy Skin Jacket Potatoes</b> Choice of Tasty Toppings				
<b>Pick &amp; Mix Packed Lunch</b> Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
<b>Sticky Banana Pudding</b>	<b>Chocolate Oat Cake</b>	<b>Iced Vanilla Sponge</b>	<b>Apple Crumble</b>	<b>Shortbread</b>

**FOOD FESTIVAL**  
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Three