

PSHE and RSE

Intent

At Stanton St Quintin Primary School we understand that pupils must be provided with an education that prepares them for the opportunities, responsibilities and experiences of adult life. Personal, Social, Health and Economic Education at Stanton St Quintin Primary School is taught to all children, with Sex Education remaining optional. We endeavour to ensure that children have the skills to be responsible and informed citizens who are aware of their own and others emotional and physical needs. Children at Stanton St Quintin are taught to respect and value individuals and treat everyone equally. They have an awareness of British Values and through Religious Education, an understanding of and respect for other religions and beliefs. We teach children how to be responsible for their health and wellbeing, giving them the skills to support their emotional and physical needs as they approach adolescence.

A key part of our curriculum relates to relationships and health education, which must be delivered to every primary-aged pupil. At Stanton St Quintin Primary school we also teach pupils sex education.

Relationships education focusses on giving pupils the knowledge they need to make informed decisions about their wellbeing, health and relationships, and to build their self-efficacy. Health education focusses on equipping pupils with the knowledge they need to make good decisions about their own health and wellbeing. We understand our responsibility to deliver a high-quality, age-appropriate and evidence-based relationships, sex and health curriculum for all our pupils.

Implementation

Over the course of the year, long term plans provided by Coram Life SCARF and class teachers ensure the coverage of Personal, Social Health and Economic education as well as Relationship and Sex Education, in line with the National Curriculum and statutory frameworks.

PSHE is taught in weekly by the class teachers and support staff and includes a weekly PSHE lesson as well as class and whole school assemblies. Sex Education is taught as a block in Terms 4 – 6. Where appropriate, there may be whole school focuses on PSHE and RSE. Class trips may also occur to support learning.

At Stanton St Quintin, PSHE and RSE focuses on three core areas; Health and Wellbeing, Relationships and Living in the Wider World. There is clear progression from KS1 to KS2 to ensure full development of skills and acquisition of knowledge. In addition to using Coram Life SCARF, class teachers may enrich learning with additional resources. Class teachers assess children's progress against the lesson objectives and a reflective and responsive to children's emerging needs. This provision ensures the coverage of the statutory elements of RSE, including Families and people who care for me, Caring friendships, Respectful relationships, Online relationships and Being safe, as well as Physical and Mental Wellbeing statutory requirements, including Mental wellbeing, Internet safety and harms, Physical health and fitness, Healthy eating, Drugs, alcohol and tobacco, Health and prevention, Basic first aid and Changing adolescent bodies.

Resources are sourced at the beginning of each term to ensure that staff can teach lessons effectively.

Risk assessments for any materials used are conducted and shared with the staff and pupils.

The subject leader will ensure that all staff have the opportunity to develop their subject knowledge through courses and in-house training.

Impact

At Stanton St Quintin Primary School, learners will:

- Have an awareness of theirs and other's physical and emotional needs.
- Be valued members of society and have the skills to interact effectively with others.
- Be responsible for and have an understanding of their health needs.
- Have an understanding of economic responsibility and the world in which we live.
- Understand British Values.
- Build on and develop their skills as they progress through the school.

Children will be assessed throughout the year using lesson objectives linked to the National Curriculum objectives (statutory for RSE). This progress is reported to parents, the subject leader and the headteacher only in the event that children need additional support. There is no requirement for sharing this data with Wiltshire Council. We monitor the impact of our PSHE and RSE provision through termly teacher assessments, lesson observations, pupil voice discussions and PSHE and RSE evidence in children's topic books.