



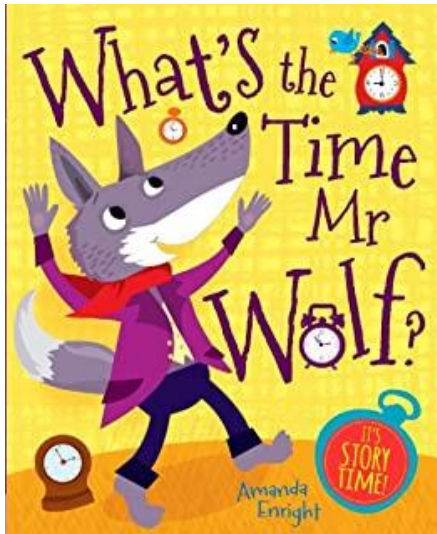
**Water pistol painting** –Instead of having a water fight (although very fun too!) children can use water pistols to create art. Just pour a small amount of paint into each water gun and dilute with water. It might be a good idea to wear old clothes!

#Imagination and expressive art.

**Sports Day challenges** –  
Skipping race, egg and spoon race, dressing up race, running race, obstacle course.



## Outdoor Planning Summer Week 6



**Grow your own cress heads** - Pop your decorated egg shells into egg cups or stand them in an egg box to dry. Then wet cotton wool balls and squeeze out the excess. Place them inside your egg shells. If you have a really large egg shell, you can always place two cotton wool balls inside. Next, sprinkle the cress seeds on top of the cotton wool balls, lightly pushing down the seeds. Sit them in a warm, light place like a sunny windowsill. Sprinkle each day with drops of water and watch them grow!

Expressive art and design, KUW.

