

**Long Term Planning**  
**Curriculum Area: PSHE & RSE**

Stanton St Quintin  
 Primary School & Nursery



	Autumn Term	Spring Term	Summer Term
EYFS Year A (SCARF Reception Content)	<u>Me and My Relationships</u> <ul style="list-style-type: none"> <li><a href="#">All about me</a></li> <li><a href="#">What makes me special</a></li> <li><a href="#">Me and my special people</a></li> <li><a href="#">Who can help me?</a></li> <li><a href="#">My feelings</a></li> <li><a href="#">My feelings (2)</a></li> </ul> <u>Valuing Difference</u> <ul style="list-style-type: none"> <li><a href="#">I'm special, you're special</a></li> <li><a href="#">Same and different</a></li> <li><a href="#">Same and different families</a></li> <li><a href="#">Same and different homes</a></li> <li><a href="#">I am caring</a></li> <li><a href="#">I am a friend</a></li> </ul>	<u>Keeping Safe</u> <ul style="list-style-type: none"> <li><a href="#">What's safe to go onto my body</a></li> <li><a href="#">Keeping Myself Safe - What's safe to go into my body (including medicines)</a></li> <li><a href="#">Safe indoors and outdoors</a></li> <li><a href="#">Listening to my feelings</a></li> <li><a href="#">Keeping safe online</a></li> <li><a href="#">People who help to keep me safe</a></li> </ul> <u>Being my best</u> <ul style="list-style-type: none"> <li><a href="#">Looking after my special people</a></li> <li><a href="#">Looking after my friends</a></li> <li><a href="#">Being helpful at home and caring for our classroom</a></li> <li><a href="#">Caring for our world</a></li> <li><a href="#">Looking after money (1): recognising, spending, using</a></li> <li><a href="#">Looking after money (2): saving money and keeping it safe</a></li> </ul>	<u>Being my best</u> <ul style="list-style-type: none"> <li><a href="#">Bouncing back when things go wrong</a></li> <li><a href="#">Yes, I can!</a></li> <li><a href="#">Healthy eating</a></li> <li><a href="#">My healthy mind</a></li> <li><a href="#">Move your body</a></li> <li><a href="#">A good night's sleep</a></li> </ul> <u>Growing &amp; Changing</u> <ul style="list-style-type: none"> <li><a href="#">Seasons</a></li> <li><a href="#">Life stages - plants, animals, humans</a></li> <li><a href="#">Life Stages: Human life stage - who will I be?</a></li> <li><a href="#">Where do babies come from?</a></li> <li><a href="#">Getting bigger</a></li> <li><a href="#">Me and my body - girls and boys</a></li> </ul>
EYFS Year B (SCARF Nursery Content)	<u>Me and My Relationships</u> <ul style="list-style-type: none"> <li><a href="#">Marvellous me!</a></li> <li><a href="#">I'm special</a></li> <li><a href="#">People who are special to me</a></li> </ul> <u>Valuing Difference</u> <ul style="list-style-type: none"> <li><a href="#">Me and my friends</a></li> <li><a href="#">Friends and family</a></li> <li><a href="#">Including everyone</a></li> </ul>	<u>Keeping Safe</u> <ul style="list-style-type: none"> <li><a href="#">People who help me and keep me safe</a></li> <li><a href="#">Safety Indoors and Outdoors</a></li> <li><a href="#">What's safe to go into my body</a></li> </ul> <u>Being my best</u> <ul style="list-style-type: none"> <li><a href="#">Looking after myself</a></li> <li><a href="#">Looking after others</a></li> <li><a href="#">Looking after my environment</a></li> </ul>	<u>Being my best</u> <ul style="list-style-type: none"> <li><a href="#">What does my body need?</a></li> <li><a href="#">I can keep trying</a></li> <li><a href="#">I can do it!</a></li> </ul> <u>Growing &amp; Changing</u> <ul style="list-style-type: none"> <li><a href="#">Growing and changing in nature</a></li> <li><a href="#">When I was a baby</a></li> <li><a href="#">Girls, boys and families</a></li> </ul>

<p>KS1 Cycle A (SCARF Year 2 Content)</p>	<p><u>Me and My Relationships</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Our ideal classroom (1)</a></li> <li>• <a href="#">Our ideal classroom (2) (OPTIONAL)</a></li> <li>• <a href="#">How are you feeling today?</a></li> <li>• <a href="#">Let's all be happy!</a></li> <li>• <a href="#">Being a good friend</a></li> <li>• <a href="#">Types of bullying</a></li> <li>• <a href="#">Don't do that!</a></li> </ul> <p><u>Valuing Difference</u></p> <ul style="list-style-type: none"> <li>• <a href="#">What makes us who we are?</a></li> <li>• <a href="#">My special people</a></li> <li>• <a href="#">How do we make others feel?</a></li> <li>• <a href="#">When someone is feeling left out</a></li> <li>• <a href="#">An act of kindness</a></li> <li>• <a href="#">Solve the problem</a></li> </ul>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Harold's picnic</a></li> <li>• <a href="#">How safe would you feel?</a></li> <li>• <a href="#">What should Harold say?</a></li> <li>• <a href="#">I don't like that!</a></li> <li>• <a href="#">Fun or not?</a></li> <li>• <a href="#">Should I tell?</a></li> </ul> <p><u>Rights and Respect</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Getting on with others</a></li> <li>• <a href="#">When I feel like erupting</a></li> <li>• <a href="#">Feeling safe</a></li> <li>• <a href="#">Playing games</a></li> <li>• <a href="#">Harold saves for something special</a></li> <li>• <a href="#">Harold goes camping (OPTIONAL)</a></li> <li>• <a href="#">How can we look after our environment?</a></li> </ul>	<p><u>Being my best</u></p> <ul style="list-style-type: none"> <li>• <a href="#">You can do it!</a></li> <li>• <a href="#">My day</a></li> <li>• <a href="#">Harold's postcard - helping us to keep clean and healthy</a></li> <li>• <a href="#">Harold's bathroom</a></li> <li>• <a href="#">What does my body do?</a></li> <li>• <a href="#">My body needs... (OPTIONAL)</a></li> <li>• <a href="#">Basic first aid</a></li> </ul> <p><u>Growing &amp; Changing</u></p> <ul style="list-style-type: none"> <li>• <a href="#">A helping hand</a></li> <li>• <a href="#">Sam moves away</a></li> <li>• <a href="#">Haven't you grown!</a></li> <li>• <a href="#">My body, your body</a></li> <li>• <a href="#">Respecting privacy</a></li> <li>• <a href="#">Some secrets should never be kept</a></li> </ul>
<p>KS1 Cycle B (SCARF Year 1 Content)</p>	<p><u>Me and My Relationships</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Why we have classroom rules</a></li> <li>• <a href="#">How are you listening?</a></li> <li>• <a href="#">Thinking about feelings</a></li> <li>• <a href="#">Our feelings</a></li> <li>• <a href="#">Feelings and bodies</a></li> <li>• <a href="#">Good friends</a></li> </ul> <p><u>Valuing Difference</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Same or different?</a></li> <li>• <a href="#">Unkind, tease or bully?</a></li> <li>• <a href="#">Harold's school rules</a></li> <li>• <a href="#">It's not fair!</a></li> <li>• <a href="#">Who are our special people?</a></li> </ul> <p><a href="#">Our special people balloons</a></p>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Super sleep</a></li> <li>• <a href="#">Who can help? (1)</a></li> <li>• <a href="#">Good or bad touches?</a></li> <li>• <a href="#">Sharing pictures</a></li> <li>• <a href="#">What could Harold do?</a></li> <li>• <a href="#">Harold loses Geoffrey</a></li> </ul> <p><u>Rights and Respect</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Harold has a bad day</a></li> <li>• <a href="#">Around and about the school</a></li> <li>• <a href="#">Taking care of something</a></li> <li>• <a href="#">Harold's money</a></li> <li>• <a href="#">How should we look after our money?</a></li> <li>• <a href="#">Basic first aid</a></li> </ul>	<p><u>Being my best</u></p> <ul style="list-style-type: none"> <li>• <a href="#">I can eat a rainbow</a></li> <li>• <a href="#">Eat well</a></li> <li>• <a href="#">Harold's wash and brush up</a></li> <li>• <a href="#">Catch it! Bin it! Kill it!</a></li> <li>• <a href="#">Harold learns to ride his bike</a></li> <li>• <a href="#">Pass on the praise!</a></li> </ul> <p><u>Growing &amp; Changing</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Healthy me</a></li> <li>• <a href="#">Then and now</a></li> <li>• <a href="#">Taking care of a baby</a></li> <li>• <a href="#">Who can help? (2)</a></li> <li>• <a href="#">Surprises and secrets</a></li> <li>• <a href="#">Keeping privates private</a></li> </ul>

<p>LKS2 Cycle A (SCARF Year 4 Content)</p>	<p><u>Me and My Relationships</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Human machines</a></li> <li>• <a href="#">Ok or not ok? (part 1)</a></li> <li>• <a href="#">Ok or not ok? (part 2)</a></li> <li>• <a href="#">An email from Harold!</a></li> <li>• <a href="#">Different feelings</a></li> <li>• <a href="#">When feelings change (OPTIONAL)</a></li> <li>• <a href="#">Under pressure</a></li> </ul> <p><u>Valuing Difference</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Can you sort it?</a></li> <li>• <a href="#">What would I do?</a></li> <li>• <a href="#">The people we share our world with</a></li> <li>• <a href="#">That is such a stereotype!</a></li> <li>• <a href="#">Friend or acquaintance?</a></li> <li>• <a href="#">Islands</a></li> </ul>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Danger, risk or hazard?</a></li> <li>• <a href="#">How dare you!</a></li> <li>• <a href="#">Keeping ourselves safe</a></li> <li>• <a href="#">Raisin challenge (2)</a></li> <li>• <a href="#">Picture wise</a></li> <li>• <a href="#">Medicines: check the label</a></li> </ul> <p><u>Rights and Respect</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Who helps us stay healthy and safe?</a></li> <li>• <a href="#">It's your right</a></li> <li>• <a href="#">How do we make a difference?</a></li> <li>• <a href="#">In the news!</a></li> <li>• <a href="#">Safety in numbers</a></li> <li>• <a href="#">Harold's expenses (OPTIONAL)</a></li> <li>• <a href="#">Why pay taxes?</a></li> <li>• <a href="#">Logo quiz (OPTIONAL)</a></li> </ul>	<p><u>Being my best</u></p> <ul style="list-style-type: none"> <li>• <a href="#">What makes me ME!</a></li> <li>• <a href="#">Making choices</a></li> <li>• <a href="#">SCARF hotel</a></li> <li>• <a href="#">Harold's Seven Rs</a></li> <li>• <a href="#">My school community (1)</a></li> <li>• <a href="#">Basic first aid</a></li> </ul> <p><u>Growing &amp; Changing</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Moving house</a></li> <li>• <a href="#">My feelings are all over the place!</a></li> <li>• <a href="#">All change!</a></li> <li>• <a href="#">Preparing for changes at puberty (formerly Period positive/preparing for periods)</a></li> <li>• <a href="#">Secret or surprise?</a></li> <li>• <a href="#">Together</a></li> </ul>
<p>LKS2 Cycle B (SCARF Year 3 Content)</p>	<p><u>Me and My Relationships</u></p> <ul style="list-style-type: none"> <li>• <a href="#">As a rule</a></li> <li>• <a href="#">Looking after our special people</a></li> <li>• <a href="#">How can we solve this problem?</a></li> <li>• <a href="#">Tangram team challenge (OPTIONAL)</a></li> <li>• <a href="#">Friends are special</a></li> <li>• <a href="#">Thanks</a></li> <li>• <a href="#">Dan's dare</a></li> </ul> <p><u>Valuing Difference</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Respect and challenge</a></li> <li>• <a href="#">Family and friends</a></li> <li>• <a href="#">My community</a></li> <li>• <a href="#">Our friends and neighbours</a></li> <li>• <a href="#">Let's celebrate our differences</a></li> <li>• <a href="#">Zeb</a></li> </ul>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Safe or unsafe?</a></li> <li>• <a href="#">Danger or risk?</a></li> <li>• <a href="#">The Risk robot</a></li> <li>• <a href="#">Super Searcher</a></li> <li>• <a href="#">Help or harm?</a></li> <li>• <a href="#">Alcohol and cigarettes: the facts</a></li> </ul> <p><u>Rights and Respect</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Helping each other to stay safe</a></li> <li>• <a href="#">Recount task</a></li> <li>• <a href="#">Our helpful volunteers</a></li> <li>• <a href="#">Can Harold afford it?</a></li> <li>• <a href="#">Earning money</a></li> <li>• <a href="#">Harold's environment project</a></li> <li>• <a href="#">Let's have a tidy up! (OPTIONAL)</a></li> </ul>	<p><u>Being my best</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Derek cooks dinner! (healthy eating)</a></li> <li>• <a href="#">Poorly Harold</a></li> <li>• <a href="#">Body team work</a></li> <li>• <a href="#">For or against?</a></li> <li>• <a href="#">I am fantastic!</a></li> <li>• <a href="#">Top talents</a></li> </ul> <p><u>Growing &amp; Changing</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Relationship tree</a></li> <li>• <a href="#">Body space</a></li> <li>• <a href="#">None of your business!</a></li> <li>• <a href="#">Secret or surprise?</a></li> <li>• <a href="#">My changing body</a></li> <li>• <a href="#">Basic first aid</a></li> </ul>

<p>UKS2 Cycle A (SCARF Year 6 Content)</p>	<p><u>Me and My Relationships</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Working together</a></li> <li>• <a href="#">Let's negotiate (OPTIONAL)</a></li> <li>• <a href="#">Solve the friendship problem</a></li> <li>• <a href="#">Dan's day (OPTIONAL)</a></li> <li>• <a href="#">Behave yourself</a></li> <li>• <a href="#">Assertiveness skills (formerly Behave yourself - 2)</a></li> <li>• <a href="#">Don't force me</a></li> <li>• <a href="#">Acting appropriately</a></li> </ul> <p><u>Valuing Difference</u></p> <ul style="list-style-type: none"> <li>• <a href="#">OK to be different</a></li> <li>• <a href="#">We have more in common than not</a></li> <li>• <a href="#">Respecting differences</a></li> <li>• <a href="#">Tolerance and respect for others</a></li> <li>• <a href="#">Advertising friendships!</a></li> <li>• <a href="#">Boys will be boys? - challenging gender stereotypes</a></li> </ul>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Think before you click!</a></li> <li>• <a href="#">It's a puzzle (OPTIONAL)</a></li> <li>• <a href="#">To share or not to share?</a></li> <li>• <a href="#">Rat Park</a></li> <li>• <a href="#">What sort of drug is...?</a></li> <li>• <a href="#">Drugs: it's the law!</a></li> <li>• <a href="#">Alcohol: what is normal?</a></li> </ul> <p><u>Rights and Respect</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Two sides to every story</a></li> <li>• <a href="#">Fakebook friends</a></li> <li>• <a href="#">What's it worth?</a></li> <li>• <a href="#">Jobs and taxes (OPTIONAL)</a></li> <li>• <a href="#">Happy shoppers - caring for the environment</a></li> <li>• <a href="#">Action stations! (OPTIONAL)</a></li> <li>• <a href="#">Project Pitch (parts 1 &amp; 2) (OPTIONAL)</a></li> <li>• <a href="#">Democracy in Britain 1 - Elections</a></li> <li>• <a href="#">Democracy in Britain 2 - How (most) laws are made</a></li> <li>• <a href="#">Community art (OPTIONAL)</a></li> </ul>	<p><u>Being my best</u></p> <ul style="list-style-type: none"> <li>• <a href="#">This will be your life!</a></li> <li>• <a href="#">Our recommendations</a></li> <li>• <a href="#">What's the risk? (1)</a></li> <li>• <a href="#">What's the risk? (2)</a></li> <li>• <a href="#">Basic first aid, including Sepsis Awareness</a></li> <li>• <a href="#">Five Ways to Wellbeing project</a></li> </ul> <p><u>Growing &amp; Changing</u></p> <ul style="list-style-type: none"> <li>• <a href="#">I look great!</a></li> <li>• <a href="#">Media manipulation</a></li> <li>• <a href="#">Pressure online</a></li> <li>• <a href="#">Helpful or unhelpful? Managing change</a></li> <li>• <a href="#">Is this normal?</a></li> <li>• <a href="#">Making babies</a></li> </ul>
<p>UKS2 Cycle B (SCARF Year 5 Content)</p>	<p><u>Me and My Relationships</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Collaboration Challenge!</a></li> <li>• <a href="#">Give and take</a></li> <li>• <a href="#">How good a friend are you?</a></li> <li>• <a href="#">Relationship cake recipe</a></li> <li>• <a href="#">Our emotional needs</a></li> <li>• <a href="#">Being assertive</a></li> </ul> <p><u>Valuing Difference</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Qualities of friendship</a></li> <li>• <a href="#">Kind conversations</a></li> <li>• <a href="#">Happy being me</a></li> <li>• <a href="#">The land of the Red People</a></li> <li>• <a href="#">Is it true?</a></li> <li>• <a href="#">Stop, start, stereotypes</a></li> </ul>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Spot bullying</a></li> <li>• <a href="#">Play, like, share</a></li> <li>• <a href="#">Decision dilemmas</a></li> <li>• <a href="#">Ella's diary dilemma</a></li> <li>• <a href="#">Vaping: healthy or unhealthy?</a></li> <li>• <a href="#">Would you risk it?</a></li> </ul> <p><u>Rights and Respect</u></p> <ul style="list-style-type: none"> <li>• <a href="#">What's the story?</a></li> <li>• <a href="#">Fact or opinion?</a></li> <li>• <a href="#">Mo makes a difference</a></li> <li>• <a href="#">Rights, respect and duties</a></li> <li>• <a href="#">Spending wisely</a></li> <li>• <a href="#">Lend us a fiver!</a></li> </ul>	<p><u>Being my best</u></p> <ul style="list-style-type: none"> <li>• <a href="#">It all adds up!</a></li> <li>• <a href="#">Different skills</a></li> <li>• <a href="#">My school community (2)</a></li> <li>• <a href="#">Independence and responsibility</a></li> <li>• <a href="#">Star qualities?</a></li> <li>• <a href="#">Basic first aid, including Sepsis Awareness</a></li> </ul> <p><u>Growing &amp; Changing</u></p> <ul style="list-style-type: none"> <li>• <a href="#">How are they feeling?</a></li> <li>• <a href="#">Taking notice of our feelings</a></li> <li>• <a href="#">Dear Ash</a></li> <li>• <a href="#">Growing up and changing bodies</a></li> <li>• <a href="#">Changing bodies and feelings</a></li> <li>• <a href="#">Help! I'm a teenager - get me out of here!</a></li> </ul>