








Darling Reception Class



We hope that you have all had a good first week back. It has been wonderful to have some of you back in school and seeing the photos of those of you at home.

The following is a suggested daily timetable for you to use if you would like to. The times are a just a suggestion to organise your day and give you structure but feel free to move activities around to suit your family life.

If you have any queries please do email us at darlingclass@stanton-st-quintin.wilts.sch.uk

Mrs Breen and Mrs Anderson

Suggested Time	Learning/ Activity	Visual Timetable	Notes
Before 9am	Wake up		Have breakfast Wash and get dressed Make your bed Tidy your room
9am - 9.30am	Movement Time!		Continue with an online PE of your choice or try the Wiltshire and Swindon Sport activities (see below). These are aimed at Reception class children and have been proving very popular.
9.30am- 10.30am	English Time		See separate daily English Plan.
10.30- 11am	Snack & Break Time		https://www.nhs.uk/change4life/activities quick 10 minute games to play at home or activities to get the family moving at home.
11am - 12pm	Maths Time		See separate daily Maths plan.
12pm - 1pm	Lunch/ Relax		Eat with your family, play some games, unwind a little.
1pm - 1.30pm	Phonics		See separate daily Phonics plan. Please use lower case for the letters.

1.30pm - 2.30pm	<i>Outdoor learning</i>		Choose an activity from this week's Outdoor learning plan.
2.30pm - 3.00pm	<i>Reading and key word reading</i>		<p>Read your own reading book or share a story. Choose a story from Oxford Owl eBook library. https://home.oxfordowl.co.uk/books/free-ebooks/</p> <p>RE-READ THE SAME BOOK FOR FLUENCY- this will vary per child but at least 3 times per book until they can read this fluently and expressively, without overly sounding out. This is of huge benefit to your child's confidence and development as a young reader.</p> <p>Practice your key words. Please look at the phase 2 high frequency word list for new words.</p>



Activity Sheet One :

Try these fun activities with your family. Having fun whilst being active is very important. You can challenge yourself & each other if you want to, but enjoying the activities is the main thing.

Perhaps you could record yourselves doing the activities & share the clips with your friends & family if your parents/carers are happy for you to do

so?

Safety- try to move anything that you could break or trip over out of the way. Make sure your shoe laces are tied up & you have a drink ready.

Star Jump Challenge : In pairs (you perform, whilst the other person rests & cheers you on! Then you swap) Try to do this to music &/or in the garden if possible

15secs

30secs

45secs

1min



If star-jumps are a bit tricky you could just jump or run/march on the spot. If you are a wheelchair user you could try to move your arms out, your legs up, whatever you can do you should try to do.

Cuddly Toy Challenge : Collect as many cuddly toys together as you can find.

Put all the toys in a bin or box at one end of the room/garden.

Put an empty bin or box as far away as possible. This could be upstairs.

Take one toy at a time & place it in the empty box. You can do this as a relay if the box is a long way away or you are tired.

You can time yourself against yourself or others if you want to.

To make it harder you could think of different ways of taking the toy eg-under your armpit/between your knees/throwing it up & down if you are outside. Or you could travel differently eg hop/jump/backwards.



